

## FIRST STEP FIRST SEVERAL TIMES.

From the first moment of the tick-biting, there are several factors in the saliva of tick, which will be supported by different factors of *Borrelia burgdorferi sensu lato* to suppress and attack the immune system. They help spreading the causative agent both *in loco* and *through the circulation to be settled in acro that is* extremities of the body. There is lower temperature worst for the protection of the body and convenient for the causative agent that is *Borrelia burgdorferi sensu lato*.

The damages are very expressed during the long lasting ailment that is **Lyme borreliosis chronica** or **Neuroborreliosis lymeii chronica** or **Arthroboreliosis lymeii chronica**. This can be more expressed any other forms of the chronic appearance of Lyme borreliosis based on the partial similarity between the germ and body. Keep also in mind: There is a real post-Lyme syndrome, that **caused by another infection** injured the healed ones of *Lyme borreliosis chronica*.

So, it should be support the restoration of the body in different ways before, during and after the treatment with antibiotics **according to the clinical state** of the body.

1. **16% Human Immune-globuline** 2,0 ml i.m. weekly, if there is no other opinion, not more than ten times.

**HUMAGLOBIN infusion** (*immunoglobulin, normal (human)*, 5,0 ml I.V. fortnightly) *two weeks before starting and ending the treatment twice-thrice occasions, but not more than ten.*

2. **Vitanax PX4** 3x2, registered beta-glucan complex of mushrooms *for harmonization and stimulation of the immune system and detoxifying the body. It perhaps could destroy the extrabacterial material, newly known as biofilm. It might be proposed for half a year or more. Order at [www.max-immun.eu](http://www.max-immun.eu) mention my name and proposal.*

3. **After** the treatment **Plaquenile/Quensyl 2x200 mg** gave a good support inhibiting the development of GEMMA and destructing it. – **GEMMA** is the discoid spore-like structure of the *Borrelia burgdorferi sensu lato*.

4. **Some patient** reported the beneficial effect of *melittine, propolis, flavonoid, different purified chlorophyll, homeopathic antidotes*. That was proved for melittine in experiments by Garon's group for Lyme borreliosis, and Russian and Rumanian scientists for MS & RA.. – Please think of their usage **after combined antibiotic treatment**, because of these active materials have, but it is transitory effect.

5. Vitamist Multi50+ ([www.vitaminspray.hu](http://www.vitaminspray.hu), [www.vitaminespray.nl](http://www.vitaminespray.nl)), or other multivitamins Centrum-Silver, Supradyne, Actival...multivitamins with minerals. According to the practice two-three times of the advised dose *is suitable*. – There is no need of so called *Multivitamin-bombe* because of its different side-effect.

6. Vitamin-C alternating shots 2-3x 2-3000 mg weakly and combining with a fruit-diet and drinking more fluid/juice. Should **keep high the fluid content** of the body taking more water than usually to helping the cleaning of the body.

7. **Béres' drops** 30-40 drops twice/trice, in water, juice or white wine. (<http://www.beres.hu/en/>)

8. **Fruit-day** once-twice a week, sometimes together with other diet (e.g. *Gerson's diet*). There are natural *detoxicants*. Vemma also a good help for the body supplying both detoxicant and vitamins+minerals. *Please contact Debbie Buckler Executive Leader Vemma Nutrition Company [www.debbiebuckler.com](http://www.debbiebuckler.com) 417-848-6762 or by email: [debbiebuckler@centurytel.net](mailto:debbiebuckler@centurytel.net); One pack for a month is ~100 euro.*

9. Hepabene 3x1 capsules, or similar cholagogum with silimarine

Sulphatic water in the morning as cholagogum by empty stomach 20 minutes before breakfast. This and other cholagogum (e.g. *Turmeric\_Curcuma longa*) can **prevent the sludge of bile salts** during ceftriaxone treatment. It is never gallstone, but a similar image seeing with ultrasonic detection. (*Development of These "Fake stone" or Sludge-like gallbladder secretions has also increased during any estrogen-treatment*). *Other way, the bile will turned endotoxins of intestinal bacteria into the chemically changed one that is an effective immuno-stimulant.*

10. **Heat-therapy is very important** either sauna (*finnish-, far-infrared*) or hot-bath support the restoration of the body and destroy the *Borrelia burg-dorferi sensu lato*, and other co-infective agents. *It based on both the traditional practice of people and the Nobel-prized malaria therapy. (The Nobel Prize was won in Physiology or Medicine 1927, before the chemical and antibiotic era by Julius Wagner-Jauregg) This dangerous treatment was renewed for Lyme-patients by Heimlich. – Instead of that, it can be offered the Heat-therapy without side-effects and danger. Very important not to be exhausted, but stimulated the body!*

11. **Protexin** or **pro-Gastro** products are best to be taken by empty stomach within yoghurt or sour cream; and divided *argentum colloidal* (ECOS\_36-309-12-12-49, or similar) trice to five times to be applied. The homeopathic argentum colloidal quickly absorbed and it can be protective from mouth to intestines against mycotic superinfections. The well-known *Lactobacillus bulgaricus* and the so called good bacteria can act in the second half of intestine, especially in the colon. These could be proposed even before the antibiotic treatment. It should be taken separately each other more than one hour.

12. The very important trace-elements prevent several side-effects, among them that of ciprofloxacin. Very important beside calcium, magnesium and other minerals, the detoxicant selen and chlorophyll, too.

13. **Humans are complex being**, so it is very important to care also **the Soul** and especially **the Spirit** of the patient suffered from Lyme borreliosis.

Budapest, Wednesday, March 25. 2010.

  
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